Our Mission:
To collaborate with American Indian peoples, Nations, Communities, and organizations to improve the physical, mental, emotional, and spiritual well-being of American Indians throughout the United States through quality participatory research and education.

Who is AIHREA?

Joshua Allison-Burbank (Acoma Pueblo and Diné)
Aspen Bell (Eastern Shoshone and Northern Arapaho)
Christine Daley
Sean Daley
Oliver Doerr
Ryan Goeckner
Coreen Gunja
Jordyn Gunville (Mnicoujou Lakota)
Jason Hale (Prairie Band Potawatomi)
Charley Lewis (Utu Utu Gwaitu Paiute and Diné)
Crystal Lumpkins (Choctaw)
Joseph Pacheco (Cherokee of Oklahoma and Quechua of Bolivia)
Dasy Resendiz
Ed Smith (Osage)
AIHREA, Inc. Scholarships

AIHREA, Inc, focuses on providing scholarship opportunities to American Indian students. We have three scholarship programs including scholarships for graduate and undergraduate students wanting to work with American Indian communities, pursuing degrees in the fine arts, or Native students in the University of Kansas Language Acquisition Program.

This year's scholarship recipients included:
• Carson Hagen (Crow Creek Sioux, Chickasaw)
• Darrell Hill (Oneida)
  University of Iowa, Business and Communications
• Carl Molle (Cherokee)
  University of Missouri Kansas City
• Tinaya Murphy (Diné)
  Johnson County Community College, Nursing
• Kordell McReeves (Diné)
  Haskell Indian Nations University, Environmental Sciences

For more information about how you or someone you know can apply to AIHREA, Inc., for scholarships, visit www.AIHREA.org/Scholarships today!
Community Outreach in Kansas

In 2017, AIHREA continued to work with the American Indian community in Kansas. AIHREA team members traveled to several communities for events including:

• Education on bullying and healthy relationships at the Kickapoo Boys & Girls Club Basketball Clinic
• Youth outreach at the Prairie Band Potawatomi Boys & Girls Club
• Tables at both Kickapoo and Prairie Band powwows

Additionally, to support health and wellness in the Native community, AIHREA sponsored several sports teams this year. The two teams we sponsored this year included:

• The basketball team BadNationz that competed at the Native American Basketball Invitational
• The softball team Natives with Skillz
Working with Cheyenne River Sioux Tribe Youth

AIHREA has partnered with the Cheyenne River Sioux Tribe (CRST) Title I Program since the summer of 2013 to work with young people in the CRST community. This year's interns, Crystal Bradshaw (Osage, Cherokee-University of Kansas), River Gunville (Mnicoujou Lakota-Creighton University) and Nya Smith (Osage, Diné-Shawnee Mission South), with the assistance of AIHREA staff mentors, planned a variety of fun health and wellness activities with the kids and the greater CRST community.

**This Year's Activities Included:**
- Tie dye AIHREA t-shirts
- Jewelry making
- Mental health carnival
- "Me Books"
- AIHREA Wopila Wacipi
- Youth basketball clinic
- Family college night

We also recruited for two of our studies. The Mental Health and Addiction Survey is helping us to better understand mental health and addiction problems facing American Indian communities. Results will help us to develop programs to address these problems in the future. CRST helped us recruit 400 community members!

We also recruited for Telephone Based All Nations Breath of Life. This program is based on our successful All Nations Breath of Life program. We recruited over 30 participants from CRST!
AIHREA member Joshuaa Allison-Burbank had a very busy 2017! In June, Josh traveled to the Cheyenne River Sioux Reservation with AIHREA team members and interns to conduct developmental screenings in Eagle Butte, SD. He screened about 20 kids who would be starting kindergarten in the fall!

In August, Josh took a group of students from the University of Kansas Medical Center to Horton, KS, and conducted developmental screenings at the Kickapoo Health Fair. He also assisted at the AIHREA November Community Research Forum and Powwow. He provided education about hearing loss prevention to attendees. At the end of the year, he attended a developmental screening clinic on autism in Mayetta, KS. As the lead speech-language pathologist for the event, he led a parent education training that morning.
Where can you learn about AIHREA all year-round?

You can find AIHREA on a variety of social media platforms and our website! Visit to learn more about our research, upcoming events, and community outreach!

www.AIHREA.org

: @AIHREA

: /AIHREA

: @AIHREA
The AIHREA O.N.E. (Our Nations' Energies) 11th Annual Powwow at Johnson County Community College was a huge success! The event attracted over 2,000 people throughout the weekend for a wonderful showcase of American Indian cultures. Our primary care screening clinic had its highest participation on record! This year’s powwow was also our most successful for research because of high participation in our surveys and recruitment for our new telephone-based All Nations Breath of Life quit smoking program. Our powwow once again hosted many of the top dancers and singers from around the country. The annual AIHREA powwow event has become the largest gathering of American Indian and First Nations peoples in the Kansas City metro area.
During 2017, AIHREA hosted its 6th Annual Etkwagēk Mawttēshnowēn "Fall Gathering" Powwow and Community Research Forum in Mayetta, KS. This year's event included a mental health carnival with raffle prizes available to participants, in addition to our contest powwow.

Topics on which we focused included suicide prevention, addiction, healthy relationships, and stress management.
Art and Culture Extravaganza

The Second Annual AIHREA American Indian Art and Culture Extravaganza was a great success! Indian Santa made his yearly trip to Johnson County Community College and even helped with our dance demonstration. AIHREA team members presented on seasonal celebrations and activities highlighting the rich diversity of indigenous communities. Proceeds from our silent auction will help fund AIHREA scholarships for Native students.
Quit Chewing Tobacco Program Results

Our quit smokeless tobacco program, All Nations Snuff Out Smokeless (ANSOS), completed recruitment in 2017! ANSOS was developed with the help of Native community members. It is a group-based program that lasts 12 weeks and provides information about how to successfully quit. We ran groups in Kansas, Missouri, South Dakota, and Montana. We were able to help 128 people who currently used chewing tobacco to try to quit. Our results are in the table above.

<table>
<thead>
<tr>
<th>People who started the program</th>
<th>All Nations Snuff Out Smokeless</th>
<th>One-Time Education Session</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>People who finished the program and talked with us after 6 months</td>
<td>44</td>
<td>84</td>
<td>128</td>
</tr>
<tr>
<td>People who told us they quit using chewing tobacco</td>
<td>31</td>
<td>25</td>
<td>56</td>
</tr>
<tr>
<td></td>
<td>10</td>
<td>11</td>
<td>21</td>
</tr>
</tbody>
</table>

- This tells us that 32% of people who finished our program quit using chewing tobacco! That’s 23% of the total number of people who started (plus others to whom we weren’t able to speak at six months who may have quit)!

- For our one-time education sessions, designed for people who couldn’t commit to a full 12-week program, 44% to whom we were able to speak at 6 months also quit. Of the total number who participated in our one-time education sessions, that’s 13% quit. It’s possible that others who we weren’t able to locate for follow-up also quit.

- Overall, 38% of people who we talked to at six months were able to quit using some form of our help. We’re very excited by these numbers and are hoping to test our program in a larger group soon!
In 2017, AIHREA partner the Center for American Indian Community Health (CAICH) at the University of Kansas Medical Center sponsored a research project focusing on maternal child health. The purpose of the project was to understand pregnancy and birth experiences of American Indian women and early infant health with the goal of developing programs to improve them. We recruited over 200 women to complete a survey in Colorado, Kansas, and South Dakota. Results will be available soon!
Since 2011, AIHREA team members have been working on an ambitious study to understand contemporary American Indian identity. As the first of its kind, this study set out to recruit 648 American Indians from around the country to complete a short survey and brief interview about what being indigenous means to them. In 2015, we completed recruitment with 737 individuals completing the survey and 634 individuals completing both the survey and interview.

In 2017, we began working on analyses of both the surveys and interviews. With much more analysis ahead of us, we have come to some preliminary findings. First, we plotted every American Indian Nation that was represented by our participants. The map above shows the resulting distribution that includes 131 unique Nations that were represented in this project! Next, we arrived at several themes. Some of those include:

- Participants had conflicting views of Certificate of Degree of Indian Blood cards citing benefits such as the Indian Health Service and problems caused by blood quantum as a definer of "Indianness."
- Important influences on individuals’ identities included spirituality and family.
- Participants listed things like cultural knowledge, family relationships, and pride in culture as defining characteristics of being American Indian.

We have a long way to go to finish analyzing this data, so stay tuned for more updates! We are hoping to publish a book based on what we learned.
In 2017, AIHREA started a project to understand the roles of health promoters in American Indian communities. This project is led by CAICH faculty member Dr. Crystal Lumpkins and is focused on understanding how leaders in American Indian communities can effectively communicate health information to community members to improve health. In the coming months, we will be talking with leaders from the four tribes in Kansas and the Cheyenne River Sioux Tribe in South Dakota, as well as the urban communities of Kansas City and Lawrence, KS. We look forward to hearing all they have to say about ways they can serve as health communicators!
Publications


Oral Presentations

Allison-Burbank, J. (2017, November). Fostering Systemic Change in Tribal Communities to Address High Rates of Developmental Disabilities. Tribal and Indigenous Early Childhood Network from at the National Association for the Education of Young Children Annual Convention, Atlanta, GA.


Allison-Burbank, J., Girolamo, T., Indar, K., & Williams, B. (2017, October). Our voices count and our story matters: An open discussion of multicultural experiences at RU. University of Kansas Child Language Doctoral Program Pro-seminar.


Goeckner RT (2017) Hybridity on the Plains: Catholic Understandings of the White Buffalo Calf Woman Narrative. Graduate Research Competition, University of Kansas – Lawrence, KS.


Lumpkins, C., Hale, J., Lewis, C., Gunville, J., & Berryhill, K. (2017, Oct.). “Addressing Health Disparities among American Indian Native Populations: A Look at Collaborative Work between the Center for American Indian Community Health (CAICH) and Tribal Communities”. Heartland Health Equity Conference, Kansas City, KS.


CONTACT INFO:

Center for American Indian Community Health
University of Kansas Medical Center
Toll free 1-855-552-2424
or 913-588-0866

Center for American Indian Studies
Johnson County Community College
913-469-8500
Ex. 4570