"Water is the first medicine."
- Jon Eagle, Sr
Standing Rock Sioux
Tribal Historic Preservation Officer.*

Nibi - Ojibwe
Mni - Lakota
P'oe - Tewa
Ts'ítsí - Keres
Tó - Navajo
Paa'a - Northern Paiute
Oka - Choctaw
Dô - Cherokee
Aohkiíí - Blackfoot
Mahpe - Cheyenne
Séwlkʷ - Salish
Ohne·kánus - Oneida
Bilé - Crow
Baa - Shoshoni
Tú - Western Apache
Ni - Osage

Joshua Allison-Burbank (Acoma Pueblo and Diné)
Christine Daley
Sean Daley
Ryan Goeckner
Coreen Gunja
Jordyn Gunville (Mnicoujou Lakota)
Jason Hale (Prairie Band Potawatomi)
Christina Haswood (Diné)
Charley Lewis (Utu Utu Gwaitu Paiute and Diné)
Crystal Lumpkins (Choctaw)
Joseph Pacheco (Cherokee of Oklahoma and Quechua of Bolivia)
Dasy Resendiz
Ed Smith (Osage)

Our Mission:
To collaborate with American Indian peoples, Nations, Communities, and organizations to improve the physical, mental, emotional, and spiritual well-being of American Indians throughout the United States through quality participatory research and education.

Who is AIHREA?
AIHREA, Inc., continues to support Native students by providing multiple scholarship opportunities for graduate and undergraduate students wanting to work with American Indian communities, pursuing degrees in the fine arts, or Native students in the University of Kansas Language Acquisition Program.

This year's scholarship recipients included:

- Violet Sutton  
  (Cherokee Nation) Haskell Indian Nations University, BA in Behavioral Psychology
- Ponka-We Victors  
  (Tohono O'odham Nation of Arizona, Ponca Nation of Oklahoma) Creighton University, PhD in Interdisciplinary Leadership

For more information about how you or someone you know can apply to AIHREA, Inc., scholarships, visit www.AIHREA.org/Scholarships today!
In addition to scholarships, AIHREA, Inc., supports community members and organizations to encourage healthy lifestyles. AIHREA frequently supports sports teams, including basketball and softball teams, and student-athletes.

This year's sponsorship recipients included:

- Natives with Skillz, an all Native softball team from Lawrence, KS
- Student-athlete Pak Hale's participation in the 33rd Annual Kansas High School All-Star Games
Our interns were very busy this summer! We had 11 interns from eight high schools, colleges, and universities. At the start of the summer, interns were assigned a variety of projects to work on at every stage of the research process. Some of these included assisting with project recruitment, designing a coloring and activity book, redesigning our smokeless tobacco cessation curriculum, drafting newsletters and social media posts, and data entry. They also had several opportunities to spend time in the local American Indian community. Interns volunteered at community events in the Lawrence and Prairie Band Potawatomi communities.
The 12th Annual AIHREA O.N.E. Powwow continues to be very successful in fostering a strong relationship with local Native communities and disseminating our research to a wider audience. In 2018, we shifted away from our primary care screening in favor of focusing on health education covering a variety of topics. We introduced several new activities for powwow attendees including a heavy bag in our fitness and nutrition area along with drunk goggles and a secondhand smoke demonstration at our addiction table.
AIHREA team members invested a lot of time planning this fall for our 3rd Annual American Indian Art and Culture Extravaganza at Johnson County Community College. This hard work really paid off. The event was a huge success with the largest turnout we've ever seen in its history. Our silent auction items netted nearly $1000 in profits to go directly to our scholarship initiatives for Native students! We had over 100 attendees for our afternoon dance demonstration and over 70 at our evening performance. Our newly introduced arts and crafts workshops were well attended as well. Members of the public had a great time learning about American Indian cultures and getting to take something home in the process. Hopefully next year will be even bigger!
Oliver Doerr: I graduated from University of Missouri-Kansas City in May 2018 with a bachelor's degree in health sciences and a minor in public health. I was fortunate to have worked with the wonderful team at CAICH. As a research assistant at CAICH, I had the opportunity to immerse myself into research and the cultures of American Indian communities. CAICH has been influential to my career path in health sciences, public health, and research and has taught me valuable information. I am honored to have been surrounded by so many great people at CAICH and to have had the opportunity to work with American Indian communities. I am so grateful to have had this opportunity to have worked at CAICH. Currently, I am living in St. Louis, Missouri, and am employed at Washington University School of Medicine in St. Louis as a Clinical Research Coordinator II. I work in the Neurology department studying neuromuscular diseases. CAICH has offered me many memorable experiences and I will always hold these experiences and memories dear.

Ryan Goeckner: I received a Masters in Religious Studies from the University of Kansas in May 2018, where I focused on American Indian religious traditions. For my thesis research, I explored the ways in which academic conversations around the authority and relevance of oral traditions have had tangible impacts in American Indian communities, with a special focus on resistance to the Dakota Access Pipeline by the Cheyenne River Sioux Nation. As a part of this research, I conducted a series of interviews with Cheyenne River Sioux Nation citizens to understand these impacts in relationship to the No DAPL movement. At CAICH I serve as the project manager on our American Indian ethnic identity project, Native 24/7. I will continue to study Lakota activism as I begin working on my PhD in the Department of Anthropology at the Ohio State University in the fall of 2019. I would like to give special thanks to AIHREA directors Sean and Chris Daley, along with all the members of AIHREA, for their unending support of my research interests and graduate career.
Jordyn Gunville: I graduated with my Master of Public Health from the University of Kansas Medical Center in May 2018. I was also the recipient of the 2018 Analee E. “Betsy” Beisecker Public Health Excellence Student Award. As a Susan G. Komen scholar, my research focused on maternal child health and breast cancer research. I am an enrolled member of the Cheyenne River Sioux Tribe from White Horse, SD. From this upbringing, I gained first-hand experience understanding health disparities and health barriers faced by American Indians. During my time with AIHREA I have worked as a project manager for the primary care screening clinic and assisted with recreational tobacco cessation, mental health, tobacco health literacy, breast cancer, and health service research. I am continuing to address health disparities through my training in a certification program at the Bloomberg School of Public Health at Johns Hopkins University and as a doctoral student in Health Policy and Management at the University of Kansas Medical Center. I am also the very proud mother of JorJa (5), Jarvis (2), and Jurnee (9 months).

Dasy Resendiz: I graduated in December 2018 with my Bachelors in Latin American & Caribbean Studies with a minor in Indigenous Studies from the University of Kansas, where I also participated in the McNair Scholars Program. I was born in Rioverde, San Luis Potosi, Mexico, and grew up in Ringwood, Oklahoma. During my time with AIHREA, I gained hands-on experience working on research projects addressing health and educational disparities in American Indian communities, stressing the importance of engaging with communities through quality community-based research approaches. Engagement with Native community members has encouraged my pursuit of a graduate degree in public health. My long-term goals include leading community-focused research, promoting healthy living, and learning how to better serve Latinx and American Indian communities. I am excited to be continuing my education at the University of Arizona in the fall of 2019. I would like to give special thanks to Chris and Sean Daley for providing me with these research experiences and the entire AIHREA team for their guidance and encouragement. Gracias a todos!
In November, members of the Center for American Indian Community Health partnered with the Office of International Programs to host a Research and Heritage Day to highlight research focused on American Indians and American Indian faculty and students.

The event included:
· Poster presentations focusing on KUMC research in Native communities
· Screening of the film *Don’t Get Sick After June: American Indian Healthcare*
· Panel discussion on discrimination faced by American Indians in healthcare

Panel discussants included Jason Hale, Johsuaa Allison-Burbank, Joseph Pacheco, Charley Lewis, Jordyn Gunville, and Christina Haswood.
In 2018, AIHREA completed a survey focused on maternal-child health among American Indians in the Plains region. This pilot data can be used for future studies on maternal-child health issues among American Indians. 200 Native women who had completed at least one birth cycle completed the survey.

Important findings from this survey include that 45% of participants did not take a multivitamin/prenatal/folic acid supplement a month before becoming pregnant. Also, 63% of participants reported that they were not trying to get pregnant, yet 66% were not using anything to prevent pregnancy. The findings from this survey will help researchers determine and begin to understand disparities in maternal-child health in Native communities.
We completed our pilot test of a telephone-based version of our culturally-tailored smoking cessation program, All Nations Breath of Life in 2018. We recruited 80 smokers from urban and reservation communities to participate. Our retention rate for Telephone All Nations Breath of Life (tANBL) was just over 33% at six months after the start of the study (compared to over 50% in regular ANBL). The quit rate for individuals who completed the program was nearly 30%, however if we consider all participants lost to follow-up as smokers, the quit rate drops to 10% (over 20% in regular ANBL). Our group-based original version is likely a stronger program, but we believe tANBL may be an appropriate way to reach American Indian smokers who do not live in areas where an in-person group-based program is feasible or for individuals who cannot commit to an in-person program.
Publications


Presentations


Goeckner, Ryan (2018) New Mediations for the Seventh Generation: Social Media and #NoDAPL. 2018 Film and Media Studies Graduate Symposium. University of Kansas, Lawrence, KS.


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